

# Kathleen Tesori - IFBB PRO

**Height:** 5'4"  
**Weight:** 116  
**Hair:** Brunette  
**Eyes:** Hazel

**Measurements:** 32-26-36  
**Shoe:** 7  
**Dress:** 2

## Promotional Experience

Spokesmodel for bodybuilding.com 2010 – 2016  
Spokesmodel for JayBirdSports 2011 - 2016  
Spokesmodel for Rumbi Island Grill 2011-2012  
Spokesmodel for Pirelli Tires 2007 and 2010  
Spokesmodel for Weider 2009  
Spokesmodel for Rockstar 2009  
Spokesmodel for Omneon April 2008 and 2009  
Official Spokesmodel for Cuddle Bag Furniture 2007 – 2009  
Spokesmodel for the Speed Channel 2008  
National Spokesmodel for Hawaiian Tropic 2005 – 2008  
Spokesmodel for Weber State University 2002 – 2008  
Kenneth Linge Photography – model for seminar – November 2007  
Promotional representative for Bogey's private night club 2005 – 2006

## Competitions

2013 IFBB Greater Gulf States Pro – 10<sup>th</sup> place – June 2013  
Bodyspace Spokesmodel Search – 2<sup>nd</sup> place – 2011  
Jacksonville Pro – Figure Pro - 12<sup>th</sup> place – Aug. 2010  
NPC National Bodybuilding Figure Championships – Class B Winner – Nov. 2009  
Overall Figure Winner at the Utah NutriMart Classic- October 10, 2009  
Flex Bikini Model Search during the Mr. Olympia Weekend - 1st place on Sep 26, 2008  
Northern States NGA Finals – 1st place on Oct. 6, 2007  
HT US Finals – top 12 out of 76 on Sep. 24 2007  
HT NV State final – 1st place on Jul. 27, 2007  
HT US Finals – top 12 out of 105 in Sep. 2005  
HT Tropic UT State final – 1st place in Aug. 2005

## Print

TRAIN for Her – Cover - January 2015  
Oxygen Cover and spread – April, May and July 2014  
TRAIN Magazine Cover – Feb 2014 and multiple spreads (2013-2014)  
Fighters Only Magazine – August 2014  
STRONG Magazine – Summer 2014  
Bodybuilding.com website and promotional material (2011-2014)  
Jaybirdsport website and promotional material (2012-2014)  
TRAIN magazine (2013-2014)  
Muscle & Fitness Hers cover and spread August 2010  
FLEX Magazine – May, June and December 2010, May 2011  
Muscle & Fitness – May 2009 and August 2009  
Muscle & Fitness Hers - Jan/Feb 2009 Nov/Dec 2009  
FLEX Magazine – March 2009, June 2009 and July 2009  
Omni I-Trainer Home Gym Video and Print – Foreign  
Max Muscle April 2008 Cover model  
Cuddle Bag Furniture promotions (2007 – 2008)  
Weber State University Graduation, Golf and Alumni Brochures (2006 – 2008)  
Hawaiian Tropic website and promotional material (2005 - 2008)

## Video

Bodybuilding.com Ultimate Beginners Guide to Fitness Trainer  
Bodybuilding.com B-Elite Fuel Commercial  
JAYBIRD BLUEBUDS X // Kathleen Tesori  
Training With Kathleen Tesori - Bodybuilding.com  
Alex Gaudino ft. Taboo "I Don't Wanna Dance" - Work It Kitty (1,000,000 + views)  
Sole Ring Girl for MTV's Bully Beatdown – Seasons 1 – 3 (2008 - 2011)  
NordicTrack X7i Incline Trainer with Julian Michaels (2011-2014)

2013 RV Super show 15 Sec Spot  
2013 Utah RV Super Show for Broadcast YouTube sharing

## **Education**

Weber State University – Ogden, Utah  
John B. Goddard of Business & Economics AACSB - accredited  
**Masters of Business Administration** – May 2008 Magna cum Laude  
**Bachelor of Science Degree** – May 2006 Magna cum Laude

## **Work Experience**

**Hill Air Force Base – Utah**  
**01/2005 – Present**  
Logistics Management Specialist